



Saturday Mornings Figure Skating Clinic

Track A \$250 (8 Weeks) Tentative start date 9/22/18

(Pre Free Skate-Freestyle 4)

10:15-10:30 – Power class on ice

10:30-11:15- Freestyle group class on ice (spins & jumps)

11:15-11:45- Ice Dance choreography, edge work on ice

12:00-12:45- Off Ice Conditioning (Sneakers & yoga mat required)

Track B \$250 (8 Weeks) Tentative start date 9/22/18

(Freestyle 5-Novice)

10:15-11:00- Off Ice Conditioning (Sneakers & yoga mat required)

11:15-11:45- Ice Dance choreography, edge work on ice

11:45-12:30- Freestyle group class on ice (spins & jumps)

12:30-12:45pm- Power class on Ice



More information contact: Kandis Hawkins

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