

# SAL USA

# **BEGINNER CLASS**

# **Snowplow Sam Level 1-4**

-Ages 4 & up

-Helmets Required

Class offered on:

Tuesdays 5:00-6:00pm

Wednesdays 5:00-6:00pm

Saturdays 9:30-10:30am

Saturdays 10:45-11:45am

Homeschool - Ages 5 & up

Thursday 10:30-11:30am

# FIGURE SKATING

#### **BASIC 1-6**

-Skaters who have passed Snowplow 1-4

Class Offered on:

Tuesdays 5:00-6:00pm

Wednesdays 5:00-6:00pm

Saturdays 9:30-10:30am

Saturdays 10:45-11:45am

Homeschool

Thursday 10:30-11:30am

# **HOCKEY CLASS**

## **Hockey Level 1-4**

-Skaters who have passed Snowplow 1-4

-Hockey helmet and gloves required

Class Offered on:

Tuesdays 5:00-6:00pm

Saturdays 9:30-10:30am

Saturdays 10:45-11:45am

# **FIGURE SKATING**

### **BEYOND THE BASICS**

## **Pre Free Skate**

Tuesdays 5:00-6:00pm

Wednesdays 5:00-6:00pm

Saturdays 10:30-11:15am

# Free Skate 1-6

Wednesdays 5:00-6:00pm

Saturdays 11:45-12:30pm

# FIGURE SKATING CLINIC

## Track A-Saturdays (\$250)

10:15-10:30-Power

10:30-11:15- Spin & Jumps

11:15-11:45- Edge class

12:00-12:45pm Off Ice

#### Track B Saturdays (\$250)

10:15-11:00- Off Ice

11:15-11:45-Edge Class

11:45-12:30-Spins & Jumps

12:30-12:45- Power

#### Track C Wednesdays (\$180)

5:00-5:45pm-Spins & Jumps

5:45-6:00-1/2 ice power

6:15-7:00- Off Ice

## **ADULT CLASS**

-For \*beginners & advanced Classes Offered:

Tuesdays 5:00-6:00pm

Saturdays 9:30-10:30amam

Saturdays 10:45-11:45am
\*Helmets required for beginners

# PROGRAM INFORMATION

# Each 8 week session includes:

- -45 minutes group instruction
- -15 minutes free skate
- -skate rental for class
- -10 punch public skate pass (except Homeschool class)
- -Evaluation on week 7
- -Certificate on week 8

Class Cost \$155 per skater

Early bird Special \$140

Homeschool Cost: Early bird Special \$85

\$5.00 2<sup>nd</sup> family member discount

\$10.00 3<sup>rd</sup> family member discount

ALL SKATERS MUST REGISTER FOR LIABILITY INSURANCE BEFORE THE PROGRAM BEGINS. TO REGISTER FOR INSURANCE VISIT WWW.LEARNTOSKATEUSA.COM

# To Register

- -Call 239-948-7825 ext. 1306
- -Email Kandise@floridaeverblades.com
- -Visit Recreation Office in Hertz Arena