



# ***Hertz Arena***

## **2019-2020 SYNCHRONIZED TEAM SKATING CLINICS**

### **SATURDAY MORNINGS**

10:15-10:45 AM- OFF ICE CONDITIONING

11:00-11:45 AM- SYNCHRO PRACTICE

11:45-12:00 PM- POWER CLASS

\$30.00 per skater per class

Pay at the recreation window cash or charge

Skaters will develop edge, power, rhythm, and timing while learning to skate along side others.

Freestyle 1 and Up skaters welcome!

**NO CLASS SATURDAY NOVEMBER 30<sup>TH</sup>**

Please email [kandise@floridaeverblades.com](mailto:kandise@floridaeverblades.com) for any questions.