

Hertz Arena 2019-2020 SYNCHRONIZED TEAM SKATING CLINICS

SATURDAY MORNINGS

10:15-10:45 AM- OFF ICE CONDITIONING

11:00-11:45 AM- SYNCHRO PRACTICE

11:45-12:00 PM- POWER CLASS

\$30.00 per skater per class

Pay at the recreation window cash or charge

Skaters will develop edge, power, rhythm, and timing while learning to skate along side others.

Freestyle 1 and Up skaters welcome!

NO CLASS SATURDAY JANUARY 18, FEBRUARY 8, AND FEBRUARY 29

Please email <u>kandise@floridaeverblades.com</u> for any questions.